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NEW YORK CITY NO. 1 FREE DAILY IN THE US

Monday, November 13, 2017 metro.us | t: MetroNewYork | f: MetroNewYork



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SOLAR COMMUNITY

A new initiative to bring a solar farm to the city means all New Yorkers can enjoy the cost-saving benefits of renewable energy. 4



GETTY IMAGES, PHOTO ILLUSTRATION



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KRISTIN TOUSSAINT, REPORTER

Solar power is said to be the energy resource of the future — but if you can't get panels on your own roof because you rent an apartment like most New Yorkers, or because you're home is often in the shade, what can you do to "go solar"? A local environmental nonprofit has a solution: a community solar farm planned for a rooftop in Queens. Read more about the project inside and at metro.us.

NYC GOSSIP COLUMNIST LIZ SMITH DEAD AT 94

Liz Smith, known as the Grand Dame of Dish, died of natural causes in New York at the age of 94, the New York Daily News reported. Smith began her self-titled column at the Daily News in 1976, and it grew to be syndicated in nearly 70 newspapers at the height of her career. Smith had been known to make television appearances, and her income grew to more than \$1 million per year during the 33-year span

that her column ran, The New York Times reported. At different times, The Daily News, Newsday and The New York Post were all home to Smith's column. Smith's style was known for its avoidance of low blows, unfounded rumors or the topic of sexual preference, according to Fox News. One Smith column that did achieve front-page status was her reporting on the high-profile divorce of Donald and Ivana Trump.

SEXUAL ASSAULT SURVIVORS RALLY

2 Several hundred survivors of sexual harassment and assault and their supporters gathered in front of the Dolby Theatre in Hollywood, California, to draw attention to their cause on Sunday. Recently, there has been an uprising of women who have gone public with their stories of abuse and systemic sexism. Movie producer Harvey Weinstein, actor Kevin Spacey and comedian Louis C.K.

are among the most prominent names to have been accused. "The conversation around harassment in Hollywood will broaden to include other industries if we force it to! It's not going to do it on its own," organizers said on a Facebook page for the event. Five women detailed sexual misconduct accusations against Emmy-winning comedian Louis C.K. in The New York Times on Thursday.

Donald Trump arrives for a special gala celebration dinner for the Association of Southeast Asian Nations (ASEAN) in Manila on Sunday. GETTY IMAGES

FORMER INTELLIGENCE OFFICIALS SAY TRUMP IS BEING MANIPULATED BY PUTIN

3 Two former top U.S. intelligence officials said on Sunday they fear President Donald Trump is being manipulated by Russian President Vladimir Putin, after Trump said he believed Putin was sincere in denying Russian meddling in the 2016 election.

Former CIA Director John Brennan and ex-National Intelligence Director James Clapper both said Trump was mishandling Moscow ties even as a special counsel investigates possible collusion between Trump's team and Russia.

"I think Mr. Trump is, for whatever reason, either intimidated by Mr. Putin, afraid of what he could

do, or what might come out as a result of these investigations. ... It's either naiveté, ignorance or fear in terms of what Mr. Trump is doing vis-à-vis the Russians," Brennan said in an appearance with Clapper on CNN's "State of the Union."

"I do think both the Chinese and the Russians think they can play him," Clapper said.

Their comments came after Trump told reporters over the weekend that he had spoken with Putin again over allegations of Russian meddling in the presidential election and that the Russian president again denied any involvement.

"I really believe that, when he

tells me that, he means it," Trump told reporters. "I think he is very insulted by it, which is not a good thing for our country."

Trump also took a swipe at Obama-era intelligence officials Brennan, Clapper and former FBI Director James Comey, calling them "political hacks" and questioning the findings of a U.S. intelligence report that concluded that Russians sought to tilt the election in Trump's favor.

When asked, Brennan declined to say whether he knows of any intelligence suggesting Russian has compromising information on Trump. REUTERS

5
THINGS YOU
NEED TO KNOW

HOCKEY-STICK BEATING DEATH LEADS TO CHARGES

4 Kohji Kosugi, 39, an East Village resident, has been charged with manslaughter stemming from incident in which he allegedly beat a livery driver with a hockey stick before the driver fled in his car and then struck a center divider, killing him, CBS 2 reported. The attack began after an alleged argument at West 20th Street and 11th Avenue, outside Chelsea Piers, late Saturday. Authorities said that the driver,

68-year-old Randolph Tolk, exited his vehicle after Kosugi hit his car with his hockey stick around midnight, the New York Post reported. After the confrontation and subsequent car crash, Tolk was taken to Lenox Hill Hospital, where he died. "The attacker is a coward and should be in jail — beating an elderly man with a hockey stick is unforgivable," NY Federation of Taxi Drivers spokesman Fernando Mateo said, according to Pix 11.

DEATH TOLL RISES IN IRAQ EARTHQUAKE

5 At least 61 people died in Iraq and several were killed across the border in Iran on Sunday when a strong earthquake hit the region, officials and state media in the two countries said. The U.S. Geological Survey said the quake measured a magnitude of 7.3, while an Iraqi meteorology official put its magnitude at 6.5 with the epicenter in Penjwin in Sulaimaniyah province in

the Kurdistan region close to the main border crossing with Iran. Kurdish health officials said as well as at least four people being killed there were 50 injured. Across the border in Iran, state TV said several people were killed and many others injured when at least eight border villages were damaged. Electricity had been cut in the area and rescue teams had been dispatched to the area.

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Call 511 and say “Current Service Status,” look for informational posters in stations, or visit **mta.info** – where you can access the latest Planned Service Changes information, use TripPlanner⁺, and sign up for free email and text alerts.

Can't put solar panels on your roof? You can join this NYC community solar farm

Community solar allows anyone to be a part of solar energy, even if they can't put panels on their own property because they're renting.



KRISTIN TOUSSAINT
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kristin.toussaint@metro.us

We've all heard how solar panels on your roof can help lower your electricity bills — and help the environment — but how can you get in on that if you rent an apartment or live somewhere that's often in the shade?

There is a solution: community solar farms. Environmental nonprofit Earth Day Initiative is bringing the first such rooftop farm to New York.

Community solar is a model for how to make

renewable energy more common all over the country, said John Oppermann, executive director of Earth Day Initiative.

"This is kind of a game changer," he said. "It's this amazing development in the renewable energy market that allows people to really take things into their own hands to put solar into their own community, when they can't necessarily put it on their own roof."

Community solar has been implemented in a few places, Oppermann said.

"There have been a lot of people that have tried to do projects like this, and for whatever reason, they haven't worked," he said. "Land is at a premium in New York City, and it's been difficult for people to get these projects off of the ground."

The nonprofit is not the one constructing the



Even if you can't get solar panels on your own rooftop, you can "go solar" in New York City through this community solar farm. PEXEL

solar farm, which will be located on a warehouse rooftop in Queens. One of their partners is undertaking those technicalities, and Earth Day Initiative is helping spread the word and get people aboard.

If you rent an apartment and can't put solar panels on your roof, or maybe if you're brown-

stone is always in the shade, you can still help solar energy expand. About 175 New Yorkers need to join to make the solar farm a reality, but how does it work?

"Basically we're pooling everyone together in this community so they become temporary owners," Oppermann said.

"[It] allows people to really take things into their own hands to put solar into their own community, when they can't necessarily put it on their own roof."

John Oppermann

"They lease a specific portion of the solar community and support the development of one unified solar farm."

Those who join the effort will have a monthly lease payment, establishing them as part-owners of the panels. New York City utility companies like ConEd will then purchase the electricity generated by the solar farm, and lease owners will see the benefits on their electric bills. There's no upfront cost, according to the nonprofit, and the price of the lease will vary depending

on how much electricity your home uses, which aligns with the number of panels you get.

"The amount of money you actually make [from the electricity] will often be more than your lease payment," Oppermann said.

Only a limited number can sign on because the electricity usage of the households involved has to match the capacity that the solar farm can generate. Hopefully, Oppermann said, this will open the door to more solar farms here in the future.

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Your guide to the 2017 Rockefeller Christmas tree lighting ceremony

Get ready to "fa la la, la la la la."



KIMBERLY M. AQUILINA
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You might still have a bowl of leftover Halloween candy stashed in a cabinet. You probably don't have a final guest list for Thanksgiving dinner. But winter is coming, sweet summer children, and with it comes Christmas in the city. Aside from Santa rounding up the Macy's Thanksgiving Day parade, the Rockefeller Christmas tree lighting is New York's signal that the holidays are here.

When is the official Rockefeller Christmas tree lighting this year?

The 2017 Rockefeller Plaza Christmas tree will be lit up for the season on Nov. 29. The ceremony, slated for that Wednesday from 7-9 p.m., will be broadcast on NBC.

Performers for the 85th Annual Christmas Tree Lighting include Brett Eldredge, Jennifer Nettles, Leslie Odom Jr., Pentatonix, Gwen Stefani and The Tenors. The concert is free and open to the public on a first-come, first-serve basis.



The 2016 Rockefeller Christmas tree. FLICKR/MICHAEL VADON

Visiting hours are every day from 5:30 a.m. to 11:30 p.m. through 9 p.m. on Jan. 7, 2018. The tree is located at 30 Rockefeller Plaza between West 48th and 51st streets and Fifth and Sixth avenues in Manhattan.

Do I have to wait for the tree lighting to see the Rockefeller Plaza Christmas tree?

Nope! The tree will be up shortly and in the process of getting decked out, but the Swarovski crystal star will top the tree on Nov. 16 and scaffolding will be removed on Nov. 22.

The annual trumpet-angel angels are arriving in the Channel Gardens on Nov. 18.

Where is this year's Rockefeller Christmas tree from?

This year's tree hails

from State College, Pennsylvania. The 75-foot-tall Norway spruce was cut down on Thursday and is expected to arrive in the city on Saturday.

The tree has a diameter of 50 feet, weighs more than 12 tons and is about 80 years old. Once the crane puts it in its place of honor, the tree will be covered up with scaffolding and dressed in 50,000 multi-colored LED lights.

What happens to the Rockefeller Christmas tree after the holiday season?

For the 11th year, the tree will leave its holiday space in Rockefeller Plaza and be donated to Habitat for Humanity, where it is made into lumber for building homes.

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TRUMP'S AMERICA

ROY MOORE SINS IN ALABAMA ... WHO CARES?

So what will it take for Alabama Republicans to forsake Roy Moore?

Apparently, this isn't enough: An on-the-record report that the moralistic Ten Commandments judge, then a 32-year-old assistant district attorney, undressed and groped a 14-year-old hometown girl and dated three other local teenagers, ages 16, 17 and 18.

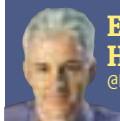
That's got to violate two or three Commandments right there: the seventh definitely (adultery and related offenses) and the ninth (bearing false witness). I'd add the 10th as well. You don't smell some covering here?

But the Alabama faithful seem to be hanging tough. "There is nothing to see here," declared State Auditor Jim Ziegler, finding firm support in Scripture. "Zachariah was extremely old to marry Elizabeth, and they became the parents of John the Baptist," he said. "Take Joseph and Mary. Mary was a teenager and Joseph was an adult carpenter. They became parents of Jesus."

Can't you hear poor Bill Clinton? *Holy, Monica! Where was all that benefit of the doubt when I could have used it?*

But judgement day is coming. On Dec. 12, Alabama voters will pick a new U.S. senator, the cradle-robbing jurist or Democrat Doug Jones. And it isn't like Moore hasn't already given sane Alabamians reason to run like hell. Homosexuality should be illegal, he said. American sodomy caused 9/11. He said Muslims

ANALYSIS



ELLIS HENICAN
@henican

shouldn't be allowed in Congress. He's twice been removed as chief justice of the Alabama Supreme Court.

But this is Donald Trump's America, more tribal than it has ever been. Even after Billy Bush weekend and grab 'em by the you-know-what, Trump won 80 percent of the white evangelical vote, folks who used to be real sticklers for moral rectitude.

No more, it seems. A JMC poll finds that 37 percent of Alabama evangelicals are now MORE likely to vote for Moore, and we shouldn't be surprised: A whopping 72 percent of these so-called values voters told the Public Religion Research Institute they will excuse personal moral failings from politicians they trust. That's up from 30 percent in the Democrat days of 2011.

Maybe Roy Moore just needs a new commandment, an 11th, to complete the big stone tablets he likes to haul around.

"When WE do it," the commandment should say, "no, it's not a sin!"

Metro columnist Ellis Henican is the best-selling author of a dozen books, including "TRUMPITUDE: The Secret Confessions of Donald's Brain," coming in two weeks from Post Hill Press. Ellis is on Twitter @henican.



Roy Moore, GOP Senate candidate and former chief justice on the Alabama Supreme Court, speaks during the annual Family Research Council's Values Voter Summit. GETTY IMAGES

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EAST RIVER TUNNEL REPAIR DELAYS IMPACT NEW PENN STATION SERVICES

Proposals by Amtrak to delay the overdue major repairs to the four East River tunnels until after the LIRR begins service into Grand Central Terminal in December 2023 is bad news for both riders and taxpayers. Remember only one of four East River Tunnels can be worked on at a time. It will take one to two years to finish work on each tunnel. As a result, this project may not be completed until end of 2032. This adversely impacts many potential plans for new services into Penn Station.

There is no room to run additional trains in or out of Penn Station during either a.m. or p.m. rush hours via the East River tunnels with connections to Long Island. This has been the case for decades. Three of four tunnels running inbound during a.m. and outbound p.m. rush

LARRY PENNER

Analysis

Larry Penner is a transportation historian and advocate who previously worked 31 years for the U.S. Department of Transportation.



hours have very tight spacing between trains. One tunnel is shared by the LIRR, NJ Transit and Amtrak for reverse train movements with equally tight spacing during rush hours. There is no platform

capacity at Penn Station to accommodate any additional trains during the rush hour. Penn Station is currently operating at 100 percent capacity during rush hours. If one of the four tunnels is temporarily out of service, the result is numerous delays and cancellation of trains.

It is doubtful that the LIRR will give up any current 42 peak service train slots at Penn Station even when expanding operations into Grand Central Terminal. There will continue to be a three-way competition between Amtrak, LIRR and New Jersey Transit for Penn Station access, Metro North will also look for rush hour access to Penn Station resulting in a four-way competition. Don't be surprised if there are no changes to level of Penn Station rush-hour service in the foreseeable future.

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TODAY!

10 Celebrities that prove you can be a *zaddy* and a *daddy*

Last week, David Harbour — also known as Jim Hopper, the chain-smoking, delightfully dad-bodied resident father figure of “Stranger Things” — settled an ongoing debate in an interview with Mashable. You know, the very important question of whether Sheriff Hopper is a dad or a daddy.

“Look, at the end of the day, my biggest fear in life is that

I’m gonna wind up being an actor who plays the dad on a TV show like ‘Full House’ or ‘Small Wonder’ or something,” he said. “I’m like the desexualized dad in the show ‘Alf.’ No, that’s not what I want to play in my life. I’m a man, I’m not gonna wear dad jeans or whatever you call them... so in that way, I’d have to go with daddy.”

But we here at Metro think the question is not dad vs. daddy, but daddy vs. zaddy. We’ve talked before about what makes a zaddy — but perhaps, it is time to explore that minuscule, tenuous divide between zaddy (swag, “it” factor) and daddy (hot, delicious father figure). Here are 10 celebrities that make a close argument for both.

RACHAEL VAUGHAN CLEMMONS

ALL PHOTOS GETTY IMAGES



Adam Rodriguez

The “Magic Mike” hunk seamlessly blends daddy and zaddy, setting loins aflame across the globe. Delicious!



David Harbour

Daddy in the streets, zaddy in the sheets. Here’s hoping we get some sexy time in season three. Yeah, baby!



Henry Cavill

Cavill as Superman? A bore. Cavill with that pornstarache? A good argument for zaddy/daddy. Schwing!



John Cho

The world has been sleeping on him, but no more. Warm me up some milk and burp me, why don’t you!



Armie Hammer

Cavill’s “Man from UNCLE” co-star is a literal father, but is also giving us zaddy vibes. Hot damn!



Edgar Ramirez

This one literally leaves us speechless. He’s a daddy, a zaddy and so much more. Teach us how to ride a bike, or something! 10/10.



Mark Ruffalo

Ruffalo is the perfect hybrid of the two most holy things in this world: daddy and zaddy. Yowza!



Michael B. Jordan

Is Michael B. Jordan a zaddy? Yes. Is he a daddy? Also yes. Huzzah!



Ryan Gosling

Gosling was once just a singing, dancing Mouseketeer. Now, he’s a father, daddy and zaddy. A real-life triple-threat. Hot tamale!



Sterling K. Brown

Brown makes us hot in the downstairs area and makes us want to be swaddled like a baby. Yikes!



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Baby Boomers Benefitting From Knee Arthritis Treatment

How Cutting-Edge Treatments and Technology Are Helping Knee Arthritis Sufferers

New York City - Nothing is more true. A life with constant pain is not a life worth living. And if you can't stay active and do all the things you love - like walking, playing golf, tennis, vacationing etc. It's not really a life at all.

...the Pain Is More Like A Prison

And for generations, knee arthritis has given good, hard working people a life sentence of pain and suffering. To make things worse, slick marketers only add to the pain by promising wonder cures. Late night television and your mail box are filled with "wonder arthritis cures" that make wild claims and sound too good to be true . . . **Because They Are**

Nothing is worse than getting your hopes up - spending your hard earned money - only to be let down time after time.

It is easy to give up...

But while marketers were peddling "wonder cures," real doctors and researchers were hard at work trying to discover a real medical solution. Modern medicine eradicated small pox and polio. Through laser eye surgery, doctors can give almost blind people perfect 20/20 vision. The potential cures on the horizon with breakthroughs like stem cell and regenerative therapies are endless.

Solve The Riddle Of Arthritis Pain?

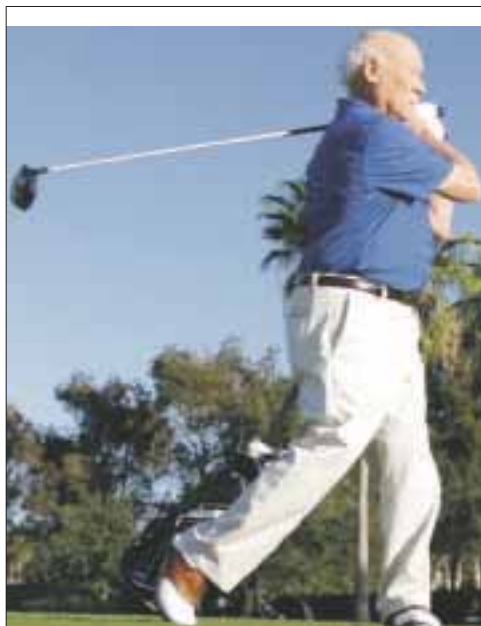
For the past 3 years, that's exactly what a medical clinic in New York City has been doing. The **NYC Pain MD** doctors have been able to help thousands of knee arthritis sufferers with cutting-edge treatments and technology older generations could only dream about. One of these treatments in particular has helped thousands of patients ease or eliminate pain and go back to doing their favorite activities like: walking, playing golf, tennis and many more. The treatment is called viscosupplementation. *But wait.* This is NOT the typical viscosupplementation. So if you are one of the many knee arthritis sufferers who already had viscosupplementation and did not get great results - what you are about to discover should be very important. to you in particular. It might even get you out of pain.

Here is why: During viscosupplementation, a special lubricating gel is put directly into your arthritic knee joint. This not only helps the knee joint to glide more smoothly, it acts as a cushion, protects the joint. and relieves a lot of pain. This is often referred to as "joint oil." In many cases, when done properly, this can dramatically lessen knee pain for up to 6 months and much longer in many cases.

And even better - if this treatment works for you the first time - it can be safely repeated when necessary and the results are often better for some.

Like Threading A Needle?

The key to this treatment being successful is actually getting the special lubricating gel directly into the joint where it can go to work. That's why the doctors at **NYC Pain MD** use very advanced digital imaging that allows them to see directly into the joint and make sure the lubricating gel "hits the spot" and the treatment has the best odds for success. Studies show that doctors doing these types of procedures without this special imaging actually miss the joint space up to one third of the time!



"I've had trouble with my knee walking. I'm a golfer and want to play golf but I couldn't. I made the call and went and it's the best thing I ever did. It's just - now I can play golf, I can walk, I can climb stairs, I can do things I did many years ago".

"It's the smartest thing ever did" "Since I've been going for the treatment for my knees I don't take any pills, I take not over the counter medication.."

"This a good alternative to surgery." "I am so glad I went. I'm so confident I feel so good about it and I recommend It to everybody." William La Spina . Golf Enthusiast

(While **NYC Pain MD** cannot say all patients will respond like this we can say they are possible. Every patient is individual and results will vary. patient to patient.)

Why Treatment Can Fail

This is why viscosupplementation can fail for some people. It is also why many knee arthritis sufferers come to **NYC Pain MD** after failed treatments elsewhere... and are finally able to get relief. It is not uncommon for patients to travel hours for the advanced treatments given at **NYC Pain MD**.

Patients Should Be Assured About Precsion Treatments

ONE BIG MISTAKE we have heard about is to use digital imaging or ultra-sound to mark the knee and then shut off the imagining and then not use it during the treatment procedure.!!! **This means the doctor did not actually see if the lubricating gel went exactly where it was intended.** The only way to know for sure if the procedure was as accurate as possible - and the lubricating gel went precisely into the joint space - is to use the digital imaging **during the entire procedure.** You can actually see the lubricating gel as it goes where it in needed. **If you did not actually see it on the digital imaging screen - you do not know for sure if you actually got the proper treatment.**

If you are going to have this treatment, make sure you ask your doctor if special digital imagining is used **THROUGHOUT THE ENTIRE PROCEDURE.** Not just in the beginning. If you have already had this procedure without this advanced imaging... Or if it was only used in the beginning... There is a good chance you did not get the results you could and should have.

"Clearly, technology is only as good as the doctors using it ... and clearly experience matters"

That's why, if you need heart surgery, you go to a heart surgeon... Not a general practitioner. At **NYC Pain MD** you will be seen by doctors who are specially trained in this procedure... Do it every day... and see thousands of patients every year. The latest technology combined with experienced and skilled doctors gets the best results possible.

Who Is This Treatment For?

This treatment is not for everyone. But it is for a lot of people who suffer with knee arthritis. Especially if you would like to avoid total knee replacement surgery and possible lessen or eliminate your pain. This treatment

Treatments Their Parents Could Only Dream About

Avoid Knee Replacement Surgery and Stay Active Into Their 50's, 60's, 70s and even 80s

may help you if you have knee pain due to arthritis. It may also help you if you do not have dramatic visible signs of arthritis on x-ray. Studies show that arthritis is present long before it can be seen on x-ray. In fact, the sooner you start this treatment the better. So, if you have knee pain - seeing one of the specially trained medical doctors at **NYC Pain MD** could be the answer you are looking for. **This is important - this is especially for you if you have had viscosupplementation in the past without good results.**

Many patients who did not have good results elsewhere are often able to get very favorable results because of the advanced technology and procedure experience at **NYC Pain MD**. In fact, some patients have decided to cancel knee surgery and others go back to the active life-style they had before it was stolen by all the pain.

How To Find Out If The Experts At NYC Pain MD Can Help You

If you have knee arthritis pain and would like to see if this treatment might help you - the experts at **NYC Pain MD** offer a complimentary screening appointment.

This screening will help determine if you are a candidate for treatment and also gives you a chance to get your questions answered.

If you are a candidate, you will leave knowing that you found the possible way to lessen or even eliminate your knee pain for 6 months or more.

There is no obligation and if you are not a candidate - the doctor will help you find the best doctors and treatments for your individual case.

To set up a complimentary screening, just call 800-741-5340. But if you want a screening, we recommend calling right now. Due to time limitations, the center can only offer a limited number of screenings per month. They decided to limit the number because they believe in giving every patient the individual time they deserve. If you have ever been to a doctor's office and been rushed or treated like a number - **NYC Pain MD** is different. We would consider this like a "throwback" to the old days of medicine. Before the days when HMO's and insurance companies (and now Obamacare) turned medicine into a business only and made it so difficult to care for patients the best way possible. If you are looking for a state-of-the-art medical clinic with "old school" ethics and values and treats patients



The Secret To Knee Pain Relief? With advances in medical science and technology the doctors at **NYC Pain MD** have been able to help thousands relieve their pain and get their active lifestyle back.

How To Get A No-Cost Screening & Find Out If This Knee Arthritis Treatment Is For You

The popularity of this treatment is startling. **NYC Pain MD** receives hundreds of patients calls weekly... patients looking for options other than surgery that really work. But because this is a real medical treatment - it is not for everyone. That's why the experts have setup an easy screening visit.. This screening will help determine if you are a candidate for additional examination

and treatment. This screening is offered at no cost to the patient. All your questions answered and you will find out if this treatment is for you. Zero risk or obligation. Just call **800-741-5340**. Tell them, "I would like the knee screening." They will take care of everything. Due to demand, spots are limited - call immediately to avoid unnecessary waiting. The number to call is: 800-741-5340

The secret to success: Technology with Caring Doctors: NYC Pain MD combines cutting edge technology with highly trained professional and caring staff to help knee arthritis sufferers.

like the good 'ole days... then **NYC Pain MD** may be just what you've been looking for. Just call 800-741-5340 and secure your no obligation screening before someone else gets your spot. The risk is nothing. The potential is getting your pain-free life back.

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Made Nice

That's right, you can get a Thanksgiving dinner made with recipes by the chefs behind the World's Best Restaurant. Eleven Madison Park's fast-casual sister Made Nice is offering a family-style feast for eight people for \$250 with all the classics: roasted turkey with sausage stuffing baked in the bird, potato puree, gravy, roasted vegetables, green bean casserole and cranberry chutney. Add on pies, soup or garlic rolls. *Order by Nov. 21 at noon, pick up on Nov. 23 by 3 p.m. 8 W. 28th St., Flatiron, catering@madenicenyc.com*

Bistro Chat Noir

Get a right-size Thanksgiving for your party from the French restaurant with a Southern sensibility, Bistro Chat Noir. The Gourmet-to-Go Thanksgiving Dinner Baskets start at \$45 for one and go up to \$225 for 4 to 6 with roast turkey roulade, Southern-style cornbread stuffing, toasted marshmallow sweet potatoes, shallot green beans, cranberry sauce and turkey jus reduction. Additional sides of cauliflower gratin, sauteed spinach or

Brussels sprouts are \$15. *Pick up Nov. 22 or 23. 22 E. 66th St., Upper East Side, 212-794-2428*

Blue Smoke

Cookout season doesn't have to be over with a barbecue-style Thanksgiving from Blue Smoke. They've got packages for parties of four (\$100), six (\$175) and 10 (\$225) with smoked turkey, gravy, cornbread stuffing, mashed potatoes, green beans, cranberry chutney, Blue Smoke biscuits and a choice of Key lime, pumpkin or pecan pies. *Order by Nov. 22 at 6 p.m., pick up from Nov. 15 through Thanksgiving at noon. Flatiron (212-447-7733) or Battery Park City (212-889-2005)*

Eli Zabar

From the turkey to dessert, Eli Zabar's Thanksgiving catering menu has you covered. Get your roasted turkey whole (starting at \$145 for a 14- to 16-pound bird) or as boneless breasts (\$95 for 3lbs), plus sides like corn chowder (\$20/qt), mushroom and caramelized onion stuffing (\$16.95), glazed butternut squash (\$16/lb), creamed spinach (\$18/pint) and tons more, including pies and cookies. *Delivery offered in Manhattan until 9 p.m. on Thanksgiving. elizabar.com*

Le Coq Rico

Michelin-starred chef Antoine Westermann will be preparing heritage turkeys whose lineage can be traced back 174 years — not quite Mayflower



material, but they are the oldest breed in the country. Fully prepared as part of a meal for 6-8 people, the Bourbon Red Turkey (9lbs) comes stuffed with house-made bread, eggs, herbs, roasted onions and chestnuts, plus sides of fricassée (red cabbage, chestnuts, apples), butternut and citrus purée, celeriac confit and jus reduction for \$280. Order by Nov. 16. 30 E. 20th St., Flatiron, 212-267-7426

Oaxaca Taqueria
Have a nontraditional but totally delicious Thanksgiving feast from Oaxaca Taqueria. The Mexican Thanksgiving To Go comes in Lightweight (8-12, \$195) and Heavyweight (16-20, \$295) packages that include roasted turkey breast with mole gravy, elote cornbread stuffing, candied sweet potato with blue agave, and roasted Brussels sprouts in mission fig vinaigrette. Must order by Nov. 20 at 2 p.m., pick up at 424 Amsterdam Ave. (Manhattan) or 1053 Atlantic Ave. (Brooklyn), 718-622-0859 or oaxacatacos.com

White Gold Butchers
For Turkey Day 2017, butcher shop/restaurant White Gold offers cooked (\$196) and uncooked (\$119, \$160) birds, plus sourdough bread stuffing (\$18/qt), roasted pumpkin (\$16/qt), buttermilk mashed potatoes (\$16/qt), gravy (\$7.50/cup) and cranberry sauce (\$8/cup). Delivery is available (Manhattan only) Nov. 20-22; pickup is

Nov. 22 and Nov. 23 by noon. 375 Amsterdam Ave., UWS, 212-362-8734

Hill Country Barbecue Market
The Rancher's Feast (serves 8-10) at Hill Country Barbecue Market starts with a 14-pound pit-smoked turkey with pan gravy, then piles on skillet cornbread with ancho-honey butter, a choice of four sides (sweet potato bourbon mash, Texas toast stuffing, green bean casserole, collard greens, mac & cheese, corn pudding, confetti coleslaw or cranberry sauce) and a choice of pie (bourbon pecan, caramel apple streusel, pumpkin). Order by Nov. 19 at hillcountry.com/nyc or call 646-380-5873

City Acres Market
Downtown's newest food hall and its big brother in Williamsburg, City Acres Market, are cooking up Classic Holiday Turkey Dinners for \$229 (8-10) or \$359 (10-14) that include a turkey, gravy, cranberry relish, butternut squash soup or corn chowder, vegetable or meat stuffing, steamed or grilled vegetables, mashed Idaho or sweet potatoes and choice of apple, pecan or pumpkin pie. All of the sides are also available individually, plus roasted potatoes, rainbow quinoa and candied yams are available in small (8) or large (15) servings. 11 Broadway, Brooklyn, 347-987-3740, 70 Pine St., Manhattan, 917-261-4530, catering@cityacresmarket.com



Bistro Chat Noir's Thanksgiving spread
KATHRYN SHELTON

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Chris Geere gets dark in 'Ill Behaviour'



In 'Ill Behaviour,' Joel (Chris Geere), left, kidnaps his best friend Charlie (Tom Riley) and forces him to undergo chemotherapy. JON HALL/SHOWTIME

Darker than his "You're the Worst" role as Jimmy.



KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

We've all been there: A dear friend is acting in a way that's not in their best interest, and we can't make them listen to rea-

son. But what if you could force someone to do the right thing?

"Ill Behaviour," a six-part BBC comedy that premieres on Showtime tonight, takes that premise to its bonkers extreme. When Charlie (Tom Riley) is diagnosed with Hodgkin's Lymphoma and decides to fight it naturally instead of undergoing chemotherapy,

his best friends Joel (Chris Geere) and Tess (Jessica Regan) hatch a disturbing plan to save his life. They hold him captive in a castle in the British countryside, where Nadia, an alcoholic doctor played by Lizzie Caplan, force feeds him chemotherapy treatments.

What results is a twisted and hilarious descent into delusion

from creator Sam Bain ("Peep Show") and led by Geere's Joel, whose psychopathic tendencies make the actor's Jimmy in "You're the Worst" seem like a sweet, harmless guy (and not egomaniacal trash) in comparison. We spoke with the 36-year-old British actor about playing charming/delusional antiheroes and why woo-woo medicine is actually the worst.

Although Joel and Tess are acting completely insane, they aren't wrong. Playing Joel, I had to one hundred percent believe this idea is going to work, that kidnapping Charlie would be fine and no one would ever learn about it. Sam Bain wanted to write a story about the lengths someone would go to to save someone's life. And it's

partly a true story: Sam had a friend who had Hodgkin's Lymphoma and decided to try to heal naturally, and he died.

Does woo-woo medicine make you angry?

You've got to look at science in the end. Chemotherapy has a 96 percent success rate, and carrot juice has zero. The fact that Charlie's not listening to Joel is infuriating.

Can you imagine Jimmy sinking to these levels?

No, he's not selfless enough. Even though Joel's actions are awful and illegal, there's good will and good intention behind all of it.

It seems like I keep being cast as this antihero-type guy. [Laughs] [Jimmy and Joel] are similar in that you're rooting for both of them despite their flaws, but the thing they have in common mostly is that they rarely learn from their mistakes, which I thought was really fun to play with.



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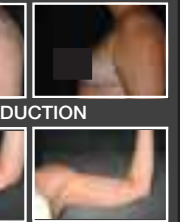
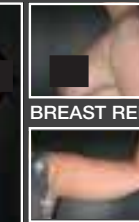
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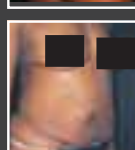
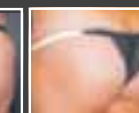
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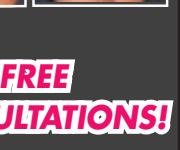
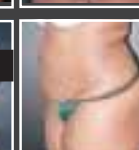
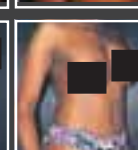
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Housing Works' Fashion for Action sale puts you in designer duds up to 70 percent off.



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When you say you're "shopping for a good cause," it usually means your closet.

This week, it can mean helping low-income New Yorkers at Housing Works' annual Fashion for Action.

Taking place Nov. 16-18 at Housing Works' Chelsea Thrift Shop (143 W. 17th St.), the annual fundraiser kicks their usual high-end shopping experience up a notch.

While Housing Works' 12 shops reliably carry tons of gently used name brand styles from cool New Yorkers like you, Fashion for Action fills the racks with more than \$2 million worth of new clothing and accessories donated by



Fashion for Action goes down Nov. 16-18. PROVIDED

over 70 brands, including Calvin Klein, Manolo Blahnik, Michael Kors, Opening Ceremony, Creatures of Comfort, Simon Miller and lots more. Every piece is between 50-70 percent off the retail price.

Be among the first to browse the racks — with champagne in hand and beats by DJ Louie XIV — with a ticket to opening night (\$40). Doors open at 7:30 p.m., or go VIP (\$100) and start the party with a cocktail reception at Freds in Barneys Downtown beginning at 5:30 p.m., then an exclusive shopping hour. Tickets are on sale now at f4a2017.splashthat.com.

Fashion for Action continues through the weekend with free admission Nov. 17-18 from 10 a.m. to 7 p.m. There's also an online Auction for Action going on through Nov. 21, where you can bid on experiences like a Bobbi Brown makeup master class and brunch with The Brunch Boys, at charitybuzz.com/housingworks.

All purchases support Housing Works, which has been fighting HIV and homelessness in New York City and beyond for more than 25 years.

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'Janesville' wins Business Book of the Year Award

Amy Goldstein's work was honored at a ceremony hosted by the Financial Times and McKinsey & Co.

PAT KING
@MetroNewYork
patrick.king@metro.us

There are many unsung genres in the world of literature that don't get their just dues amidst a sea of swashbuckling fantasy epics and heart-wrenching memoirs. One of the most overlooked are business books. For some, this is justly so. But many people may not realize that these authors are writing some

of the best examples of long-form journalism and progressive thinking that you will be able to find.

The Financial Times and McKinsey & Co. both understand this and have partnered to set up the annual Business Book of the Year Award to highlight literature that provides "the most compelling and enjoyable insight into modern business issues. Including management, finance, and economics." This year's award ceremony (and dinner) was held Monday, Nov. 6 at the elegant Lotte Palace in midtown Manhattan. The event was emceed

by Lionel Barber, Editor at the Financial Times, and Dominic Barton, Global Managing Partner of McKinsey & Co. The award was judged by both Barber and Barton along with a panel of judges pooled from some of the most prominent figures in the business world.

Before the main event, Barber welcomed broadcasting legend and business and publishing mogul, Barry Diller for a freewheeling and enjoy-

able "fireside chat." The conversation covered a wide variety of topics such as journalistic integrity, the responsibility of social media companies and Harvey Weinstein.

Finally, it was time to announce the winner of Business Book of the Year. The award was given to Amy Goldstein's "Janesville: An American Story" which chronicled the harrowing experiences of a small town community in the wake of a General Motors as-

sembly plant closure in the midst of the great recession of 2008. Goldstein, a Pulitzer Prize-winning journalist for The Washington Post, had spent years profiling the people of Janesville, Wisconsin (Paul Ryan's hometown), in the wake of the financial collapse in order to paint this moving portrait of American resilience in the face of adversity.

"I think the thing that I'm most honored by," said Goldstein during

her acceptance speech, "is that the Financial Times and McKinsey have a definition of business books that is expansive enough to include a book that's about the effect of a business decision ... I had the feeling that we all knew what the economic statistics were like in the great recession but we really didn't know what it was like to lose the best work in town. That's the story I tried to tell in 'Janesville: An American Story.'"



Financial Times Editor, Lionel Barber (left) in conversation with Barry Diller (right). FINANCIAL TIMES LIVE

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You may never like the assigned seat at your job. In most cases, the worst scenarios always seem to play out with every new office job you land.

Charles Teague, the CEO of the weight loss app Lose It!, understands just how soul-crushing a horrible seat at your job can be and has a novel approach to solving the problem at his company.

At the end of every quarter, he holds a company performance review and after that meeting, he has all of his employees switch desks at random, creating a totally new seating chart for the office.

As Teague explains it, he can't help but laugh about how great the process is. "We crack a couple

beers," he says, "and then we turn the crank on a bingo cage with ping-pong balls inside of it and draw up desk assignments for the next quarter."

He believes this is the best way for an employee to both understand



We spoke to Charles Teague, the CEO of Lose It! to see how he is shaking up his company's seating chart. **ISTOCK**

the company they work for and to build office friendships with people they may not have interacted with before.

"There's a set of people that you just don't have a professional reason to talk to all of the time," ex-

plains Teague, "your work doesn't intersect with their work. But if you're sitting next to each other, it's impossible not to. ... So with this idea, that people can informally talk to one another, often times what we find is not only do they get to know each other but that their work actually does intersect."

With this policy, not even high-ranking employees at Lose It! are safe from the bingo cage.

"We were nervous the first time we did it," he says "there are better desks and worse desks but it actually helps every quarter. The quarter I get a really crappy desk, next quarter I can just move and I'll probably get a desk right by the window."

The point Teague wants to hammer home is that he wants his employees to feel like they are all in this together. Even if it takes getting out of their comfort zone a little bit.

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Jets waste a golden opportunity in Tampa

The Jets drop to 4-6 after failing to take advantage of a perfect storm in Tampa in Week 10.

TONY WILLIAMS
@TBone8
sports@metro.us

The New York Jets did the most Jetsian thing to date, as they failed to take advantage of prosperity and win a game they should've dominated.

Losing on the road to the Tampa Bay Buccaneers isn't much to be ashamed about on the surface, but considering all the factors that were in Gang Green's favor heading into this matchup makes the 15-10 defeat all the more disappointing.

The Bucs were without star wideout Mike Evans

(suspension) and starting quarterback Jameis Winston (shoulder) and were forced to start former Jet Ryan Fitzpatrick under center. And while Jets fans were hoping the Bearded One could provide them with gifted soul-crushing turnovers, much like he did when he donned the green and white, Fitzpatrick was actually serviceable. He also received help from a Bucs' running game that did just enough to move the chains, as Tampa compiled enough long scoring drives to salt away the game.

Overall, the game was an offensive mess, not a surprise, considering the starting quarterbacks were renowned journeymen Josh McCown and Fitzpatrick, but the production was especially putrid as it was a field-

goal fest for the first three quarters. Tampa held a 9-3 advantage entering the final quarter until Fitzpatrick hit running back Charles Sims III on a six-yard wheel route to give the Bucs its first touchdown of the game. It capped a 15-play, 81-yard drive and essentially put the game away.

A late McCown touchdown pass to Robby Anderson was the saving grace in what was otherwise a dominating performance by the Buccaneers. But the real story was that the Jets (4-6) failed to capitalize on what should've been a springboard win for a team that nobody expected to even still be in the AFC Wild Card playoff race this late in the season. Following today's disappointing performance, however, those slim hopes have now likely

been dashed.

McCown went 23-of-39 for 262 yards, one touchdown, and an interception, but most of those completions and yards — and that score — came when the Bucs (3-6) were allowing soft underneath throws while sitting on a two-score lead.

The Jets' offense has been inconsistent — and criticized — all season, as it's been known for being too vanilla and lacking explosive plays. Inopportune penalties also reared themselves, as Gang Green tallied eight of them for 77 yards. Costly mistakes, conservative play calls, and lack of execution have hindered the Jets in each of their six losses, and Sunday was no different.

Despite the close final margin, Gang Green failed to provide any firepower



Robby Anderson and the Jets get some much-needed rest next week. GETTY IMAGES

to back up an outstanding defensive performance — especially against a Bucs defense that entered the game ranked 28th on defense. Until Anderson's score, the Jets had more punts (seven) than points — a shocking statistic that proved to be a microcosm of Sunday's effort.

Now, the Jets head into their bye week. They'll return from their break of licking its wounds only to face a murderous stretch of its schedule on the back end, beginning with consecutive home dates against the Carolina Panthers and Kansas City Chiefs.

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3 things we learned as Giants embarrassed by lowly Niners

If the locker room wasn't lost before, it might just be now. The New York Giants lost another game, giving a win to a San Francisco 49ers team that came in winless. A 31-21 loss at the 49ers continues to point to inadequacies on this team in all three phases of the game as well as coaching. With the loss, the Giants dropped to 1-8 on the season and the 49ers improved to 1-9.

It seemed like the Giants were in this game and despite miscues, were showing some fight early in this game.

1 More botched assignments, plays

It was a repeat of last week's sloppy play in a home blowout loss to the Los Angeles Rams. Garrett Celek's 47-yard touch-down catch — where Janoris Jenkins badly flailed at the tight end — typified another day with some lackluster play.



The Giants' woes continue. GETTY IMAGES

The Giants were simply sloppy all throughout.

Poor blocking, a theme throughout the season as well as drops, missed assignments, poor routes, a missed gimme field goal and some untimely penalties all contributed to conspire against the Giants yet again.

2 He is Sterling

The second-year Giants

wide receiver, Sterling Shepard, was just that in his second game back from injury. Shepard is hands-down the best wide receiver currently available on this roster, and he produced that way, putting together one of his better games of the season to date. Shepard had 11 receptions for 142 yards. A rare bright spot of consistency on the day for the Giants.

3 Eli isn't the issue

Against an admittedly bad team, the Giants veteran quarterback showed that the team's offensive problems don't fall squarely on his shoulders. Under constant pressure and with the Giants inexcusably avoiding the ground game, Manning still managed to do some things. He led the Giants on three scoring drives (28-for-37 for 273 yards, 2 TD).

KRISTIAN DYER



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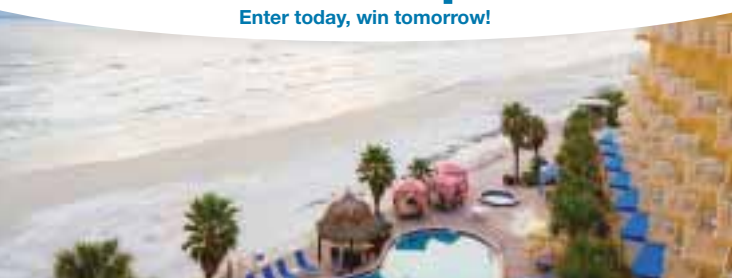
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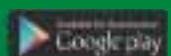
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Across

- 1 Kind of school
- 5 Morning sounder
- 10 Scout for trout
- 14 Verdi masterpiece
- 15 Elf
- 16 Dot on the ocean
- 17 Ovid's road
- 18 Chirps
- 19 Neutral or first
- 20 Light protector
- 22 Avoid
- 24 Wyo. neighbor
- 25 Lying still
- 26 Following orders
- 29 Put in a lawn
- 33 Singer -- Kristofferson
- 34 Calculator key
- 36 Crumble away
- 37 Female principle
- 38 Meant
- 40 Fleur-de --
- 41 Moore or Ebert
- 43 Crafts partner
- 44 Eight quarts
- 45 Lacking vitality
- 47 Least taxing
- 49 Rose pest
- 51 Picnic intruder
- 52 Sunflower state
- 54 Mistrustful
- 58 Subtle emanation
- 59 African tribe

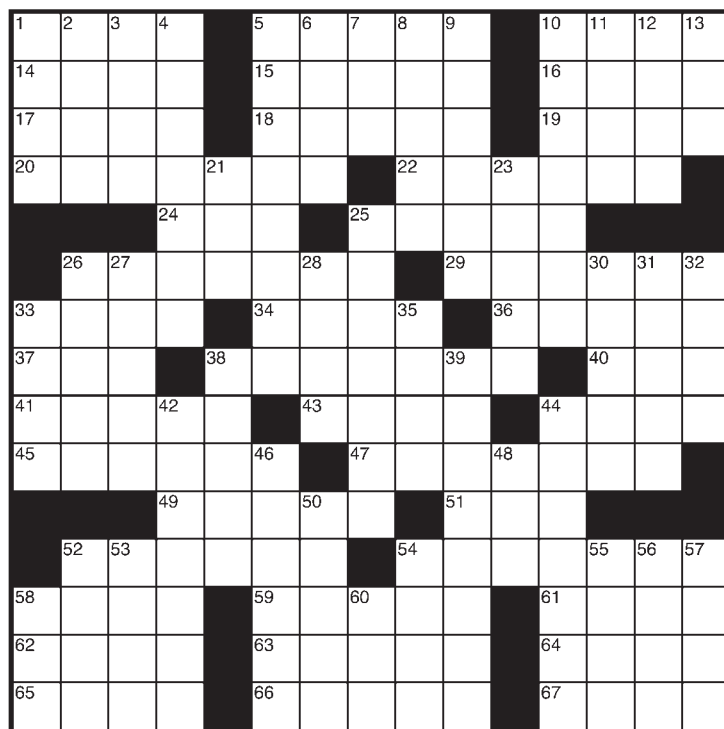
- 61 Flooring piece
- 62 Sandpaper texture
- 63 Some parents
- 64 Grabs a bite
- 65 Carpentry tool
- 66 Barely enough
- 67 Carbon deposit

Down

- 1 Sandbox adjunct
- 2 Coolidge or Hayworth
- 3 Delightful place
- 4 Big bashes
- 5 Size up
- 6 Mortgage, e.g.
- 7 Give the pink slip
- 8 Get mature
- 9 Jumbles
- 10 Boxer
- 11 Uh-huh (2 wds.)
- 12 Picnic fare
- 13 Feminine pronoun

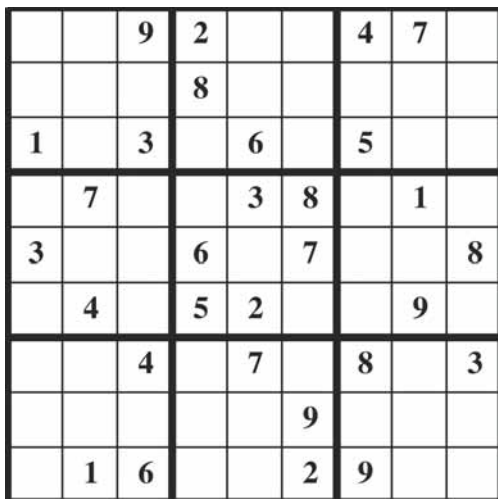
- 21 Ice cream maker
- Joseph --
- 23 Doctrine
- 25 Let go by
- 26 Rigel's constellation
- 27 Spree
- 28 1492 ship
- 30 Parcels out
- 31 Decree
- 32 Furniture buy
- 33 Sedgwick of the screen
- 35 Comics' Miss Kett
- 38 Plumbing problems
- 39 Lamb or Thoreau
- 42 Flow
- 44 Small sizes
- 46 Titleholders
- 48 Motel of yore
- 50 Newton or Asimov
- 52 Northern Iraqi
- 53 Desert st.
- 54 "Slither" actor
- 55 Ta-ta
- 56 Certain female voice
- 57 In case
- 58 Turkish potentate
- 60 Hydrotherapy venue

metro.us/crossword

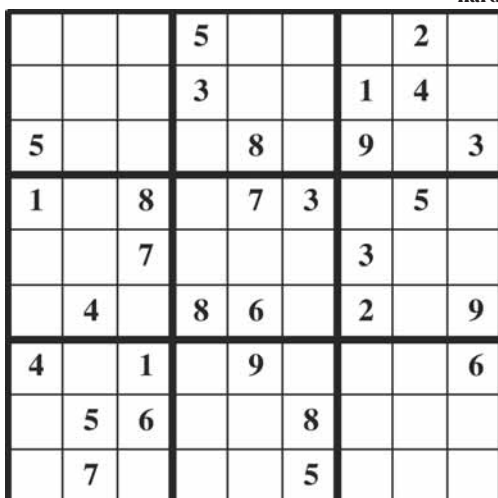


metro.us/sudoku

easy



hard



metro.us/horoscopes



Aries Stay focused on what you need to accomplish. Getting along with your peers will make your life and job easier. Your intelligence and skills will not go unnoticed.



Taurus Talk is cheap, but it may lead to an opportunity if you connect with former co-workers. A relationship with someone special will make you a better person.



Gemini Stay in the zone and think matters through before you say what's on your mind. Emotional misrepresentation will get you in trouble instead of helping you find a solution.



Cancer Take care of responsibilities to avoid criticism and complaints. Once you are free to do what you wish, engage in something you enjoy or that will boost your confidence.



Leo Plan to have some fun. The less time you spend at home or with someone who is over-reacting or a poor influence, the better. Make positive change your goal.



Virgo Assess what you have accomplished and what's still on your bucket list. Set a timeline and don't lose sight of the goals you have yet to achieve.



Libra Talk, but don't share personal information or passwords. Active pursuit of knowledge and skills that will help you get ahead should be your top priority.



Scorpio Be open to trying new things. Engage in unusual pastimes that will help you develop your skills. A change at home will turn out better than anticipated.



Sagittarius Take action, as your words will mean nothing if you don't follow through. Trust in yourself only when dealing with friends or relatives making promises.



Capricorn Keep up with technology or the changes occurring within your chosen field. Knowledge is power, and it can help you gain ground regardless of your station.



Aquarius Gather information and learn all you can before engaging in a debate with someone. A physical challenge will help calm your nerves. Avoid indulgence.



Pisces A change in your financial position will help you lift some of your restrictions. Someone you have worked with in the past will give you an interesting lead. **EUGENIA LAST**

Yesterday's answers

SWAB	IRKED	BASE
GALA	MAORI	URAL
TROY	PINES	LIRA
MUSTANG	REGAIN	
TUNS	SOLE	
RAVAGE	BABUSHKA	
OMIT	LOADED	ELL
SINCE	UTA	EMAIL
ESC	IGNITE	EDNA
SHERLOCK	JERSEY	
IDEE	VEER	
GORGES	SOCKING	
AMAH	AWAIT	EARL
MONT	PEACE	SNAG
YOKO	EBBED	TOME

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